



SILABUS

educational component – EC Место для ввода текста.

Academic discipline Personality psychology

Educational level	second (Master's)
Field of knowledge	19 Architecture and construction
Specialty	192 Building and civil engineering
Educational program	Educational and professional program Industrial and civil engineering
Educational component scope	3 credits ECTS (90 academic hours)
Types of classroom training	lectures, practical
Individual tasks	control work
Forms of final (term) control	credit

Lecturer(s):

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When studying the educational component, higher education students will develop the following skills and competences In the process of studying the discipline of **Personality Psychology**, students learn to understand the specifics of the latest direction of personality psychology, master the development of general and special competencies and the formation of a scientific outlook on personality psychology, which will help students explain, predict and control human behaviour using theories developed by prominent scientists, as well as the ability to use the acquired theoretical knowledge to solve professional problems. The course promotes awareness of the complexities, categorical foundations and psychological phenomenology of such a complex psychosocial entity as personality, and contributes to the expansion of the general scientific outlook.

Requirements for studying the educational component: are the acquisition of theoretical knowledge and practical skills in the following disciplines: Philosophy. Psychology

Program learning outcomes:

PLO

Differentiated program learning outcomes:

to know:

- the prerequisites for its emergence as one of the most influential modern areas of study of personality psychology;
- the main directions of development of personality psychology at the present stage of research of the human psyche;

- contribution of leading representatives of psychological science to the development of the ideas of personality psychology;

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to possess:

- Cause and effect relationships of the impact of emotions on a person when interacting with others;
- conceptual and categorical apparatus of personality psychology, its specificity and patterns of functioning in the field of social relations and behaviour, well-being
- basic scientific approaches to personality psychology
- Apply the acquired knowledge to explain and predict personal development and behaviour; apply the acquired knowledge to explain and predict personal development and behaviour;
- to determine individual psychological differences of a personality by their manifestations in activity and communication, as well as to take into account individual characteristics in the field of social relations.

to be able to:

- to adequately interpret the content of certain "strong" character traits, their role in achieving self-realisation goals, maintaining good relations with others, and ensuring self-development;
- promote a positive climate in the family and workplace;
- stimulate the experience of positive emotions when interacting with others;
- to acquire universal competencies in understanding the psychological prerequisites for a person's sense of subjective, psychological and social well-being;
- master the methods of work aimed at developing positive character traits and leadership skills.

Thematic plan

Topic 1. Personality psychology: terminology, history of development, achievements, problems.

Topic 2. Interdisciplinary status of the problem of personality.

Topic 3. Personality psychology in the sciences of nature, man, and society

Topic 4. Man and his place in different systems. Systemic and historical and evolutionary approach to personality

Topic 5. Empirical and experimental approaches to the study of personality: social and cognitive theory of A. Bandura. The idea of personality as a system of constructs in the theory of J. Kelly

Topic 6. Behavioural approaches and cognitive-behavioural concepts: personality in B. Skinner's theory of operant conditioning;

Topic 7. Practical application of cognitive theories: A. Beck's cognitive therapy;

Topic 8: Dispositional concepts of personality (G. Allport, G. Eysenck, R. Kettel).

Score criteria and diagnostic tools

The minimum and maximum score for the «credit.» in the educational component «**Personality psychology**.» ranges from 60 points to 100 points.

The educational component includes the following control work

Topics for individual papers (control work), for example:

1. Inspiration and charisma. The concept of charismatic influence.
2. Personality psychology in nature and human sciences.
3. Impact of stress and distress on the human body.
4. Physiological mechanisms of affect

5. Human activity and activity.
6. Needs as a source of human activity.
7. Formation of intellectual activity of the individual.
8. Emperical approaches to the study of personality

Term control is carried out in the form of credit.

Assessment tools		Minimal number of points	Maximum number of points
Assessment tools	Number in the semester		
Regular control of knowledge:			
- Current knowledge control	2	36	60
-Completion of practical tasks	8	24	40
- Term knowledge control - credit	1		
Together		60	100

Information support

Main sources of information

- 1 Architectonics of the noosphere of education: [a **textbook**]; ed. by S. S. Yermakova, S. V. Bykova, I. A. Krasiuk, I. A. Ohorodniychuk, et al.
2. Bykova S.V., Babchuk O.G. Features of self-development of the personality of future specialists - a collection of scientific works "Theory and practice of modern psychology" - scientific professional edition of category B, the journal is indexed by Index Copernicus International (Republic of Poland), 2020 № 1 (volume 1) pp. 8 - 12
3. Bykova S.V., Vertel A.V., Shyrokoradiuk L.A. "Formation of personality psychology in crisis situations" in № 11 (29) 2022 of the category B journal of law, public administration, psychology and economics "Scientific Perspectives" pp. 382-393.
4. Variy M.Y. Psychology of personality: a textbook for students of higher educational institutions Kyiv 2018. 592c
5. Katsavets R.S. Psychology of Personality. Study guide. Kyiv: Alerta. 2021. 134 c.
6. Semichenko V. A. Personality Psychology. Reprint - K.: O.M. Eschke Publishing House, 2019. - 427 p.
7. International Cooperation among Tertiary Educational Institutions: Trends and Prospects Alla I. Chagovets, Maria M. Kiselova, Oksana A. Hudovsek, Svitlana V. Bykova, Oleksandra O. Tsybanyk 2020 International Journal of Higher Education Volume 9 Issue 7 sciedu press P.356-366
8. Bykova S. V., Features of the connection between emotional intelligence and success motivation - collection of scientific papers "Habitus" issue 12/2020, pp. 67-71

Additional sources of information

1. Positive Psychology. Theory, Research and applications (2019). London, Open university press. 314 p.
2. Bykova Svitlana, Lungu Viorelia, Bezverhnii Vasylii to the question of psychology of decision-making: needs of the time Innovations in education: essence, problems, prospects // Proceedings of the All-Ukrainian Scientific and Practical Conference (Odesa, 27-28 October 2022) 78-80 p.

3. Fundamentals of practical psychology / Edited by V. Panok and others. Textbook. - K.: Lybid, 1999. - 536 p.
4. Personality Psychology: Dictionary and Reference Book / Edited by P.P. Hornostai, T.M. Titarenko - Kyiv: Ruta, 2001. 320 p.
5. Myasoed P.A. General Psychology: Study guide - K.: Vyssha Shkola, 2001. - 487 p.